Telehealth is the provision of health services at a distance using a range of digital technologies.

Examples of telehealth include video consultations to support diagnosis and management, clinical networks and health professional education.

http://www.sct.scot.nhs.uk/telehealth.html
Briefly – Telehealth is a vehicle for the delivery of health care, people have the same rights to quality of care and confidentiality as in conventional delivery

- Ethical and legal aspects to consider – literature from governing professional bodies and health organisations

- Telehealth can help increase access to behavioural treatments for tics and Tourette’s if we aspire to take it forward
Some practical information
(from the Scottish Centre for Telehealth)

- Information for professionals and patients
- Technical training and support
- Guidance on the setup
- How to run clinical sessions
- Programme evaluation planning
Treating Tourettes via Telehealth Current Research

Behaviour Therapy for Tics via Video–conference Delivery: An Initial Pilot Test in Children

Himle M B; Olufs E; Himle J; Tucker B T P; Woods D W. Cognitive and Behavioural Practice, 17, 329–337. 2010
Current Research

Behavior Therapy for Tourette's Disorder: Utilization in a Community Sample and an emerging Area of Practice for Psychologists

Woods, Douglas W; Conelea, Christine A; Himle, Michael B. Professional Psychology: Research and Practice Vol 41(6) 518 –525. 2010
**Telehealth and telemedicine Web links**

Scottish Centre for Telehealth [www.sct.scot.nhs.uk/professional.html](http://www.sct.scot.nhs.uk/professional.html)


European Health Telematics Observatory [http://www.ehto.org](http://www.ehto.org)

Royal Society of Medicine [www.rsm.ac.uk/academ/fmtelem.php](http://www.rsm.ac.uk/academ/fmtelem.php)

Royal College of Nursing [www.rcn.org.uk/development/practice/ehealth/telehealth_and_telecare](http://www.rcn.org.uk/development/practice/ehealth/telehealth_and_telecare)

British Psychological Society: The provision of psychological services via the internet and other non–direct means. [www.bps.org.uk](http://www.bps.org.uk)